

## **Otago University Nutrition Association (OUNA)**

OUNA is a non-profit organisation run by nutrition students, in conjunction with the Human Nutrition department. The aim of OUNA is to connect fellow students who are interested in nutrition, health and wellbeing. We do this by hosting a variety of social and academic events that allow for networking, socialising and learning.

Some of the activities that we organise:

- Sunrise coffee catch-ups and yoga
- Seminars with nutrition and food-related professionals - these provide students with industry insight
- An annual Relay for Life team to raise money for cancer care
- A Pink Ribbon breakfast to raise money for breast cancer research - this builds awareness within the student community
- Other social events including a ball, a wine and cheese night and dinners

OUNA does not charge our members a fee to sign up. For some of our social events, we sell tickets to pay for the cost of hosting those events.