

# Otago University Canoe Club Safety Rules

*Compiled by Zachary Penman 2015, edited by Rob Gwynne Jones 2017 & Kelly Davenport 2018, Revised by Arabella McLeay 2019 & 2020, Nathan Roberts 2021, Taylor Gauld 2022*

The following rules are in place in order to benefit your safety; all rules have been formally considered by the governing body of the club and are not written with humorous intent. Failure to follow these rule or other rules set by the club may result in disciplinary action or revocation of membership. The exec reserves the right to set justified punishments or notify University authorities for any misconduct.

1. Life jacket, thermal protection (wetsuit etc), helmet, spray deck, shoes all required to be worn on the water and must be correctly fitted at all times while on the water.
2. Everyone must have appropriate warm clothes while on the river, thermals/polar fleeces, no cotton.
3. Instructors must carry - throw rope, pin kit (including – carabineers, sling, Prussic), whistle, river knife, personal first aid kit, cows tail (or appropriate towing equipment) and rescue PFD
4. Seconders must have - throw rope, river knife, cows tail and rescue PFD, pin kit recommended for seconders aiming to instruct
5. EPERB to be carried on the river on every trip either by the safety officer or a senior instructor
6. Instructors make the call whether their students paddle or portage, and the safety officer has final say.
7. When partying in remote locations there must be at least one way to contact help, have a sufficient first aid kit on hand. Emergency procedure plans should be discussed by instructors and seconders for every trip before putting on the water and for around camp.
8. Boogie boards and C1 kayaks are not against the rules but are looked down upon by the club as you're not a real paddler.
9. If you swim you do a bootie of beer ASAP to appease the river gods (once you are off the river and not driving) and please thank the person who rescued you appropriately. Note, no drinking or substances on the river!
10. Instructors, seconders and punters should always be alert while on the river and not under the influence of any drugs or alcohol. Intoxication will result in no kayaking and potential ban (temporary or permanent) from the club.
11. Don't do anything stupid that could put yourself or your mates in trouble (AKA don't be a dick)
12. Listen to the executive committee, we're not picked for our good looks so we do know what we're on about

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13. If you feel the safety officer or any instructor/seconded is acting in an unsafe manner call them out on it.

14. OUCC is a fun, social club, don't be scared to ask questions and get involved. Hit the social officer or any other club member up to make friends! (Making friends is mandatory)

15. Have fun, go kayaking, make good decisions and use a condom!

### Liability Disclaimer

The Otago University Canoe Club (the "Club") does not provide liability insurance for the protection of individuals who may participate in their club trips in any form.

In consideration for my participation in said activity I hereby release and forever discharge the Club and its affiliates from any and all actions, causes of actions, claims and demands by reason of any damage, loss, death or injury which may be sustained from (i) my participation in the trips, or (ii) the negligence or other acts, whether connected to these activities directly or not, by any club affiliate.

### Warning and Acknowledgement of Risks

I am advised that my attendance in the Club's activities may result in serious injury or even death. I am voluntarily attending said activities with full knowledge of the danger involved, and agree to assume all risks of bodily injury, death and property damage, whether those risks are known or unknown.